



**THE CREATIVE WRITER'S WORKSHOP:  
WRITING & WALKING**

**on the**

**ARAN ISLAND OF INIS MÓR**

**in**

**COUNTY GALWAY  
IRELAND**

**with  
Irene Graham & Dara Ó Maoildhia**

**Mon 7 Sept to Fri 11 Sept 2009  
Workshop Code: W907**

**Description of Writing Retreat  
Workshop Leader: Irene Graham  
Walking Guide: Dara Ó Maoildhia  
Programme Details  
Registration Details**

## **The Creative Writer's Workshop: Writing & Walking on the Aran Island of Inis Mór, County Galway, Ireland**

### **Description of Writing Retreat Writing & Walking on The Aran Island of Inis Mór**

Mon 7 to Fri 11  
**September 2009**

Throughout this week-long Writing and Walking experience on Inis Mór island you will explore the magical landscape of this ancient island as you discover your inner creativity through the medium of writing. We will explore different parts of the island and discover its heritage, myth and sacred sites and be inspired by the mysteries of times past.

### **Limited to 7 participants**

This is an exclusive residential Writer's Retreat limited to 7 writers. The workshop is open to new and established writers.

The ideal participant will be committed to the writing process and is seeking an experience and in-depth understanding of fiction writing, story creation and personal creativity, coupled with the great outdoors! It is required that the participant is fit and capable of walking two to three hours at a time, sometimes in gently hilly locations.

The writing workshop will evoke your imagination and enhance creativity as you draw upon your own abilities to satisfy your creative expression.

The writing workshop is fun, it is a time to laugh, share and explore creativity and story both individually and collectively - as we experience island life and all that it has to offer.

The writing workshop is interspersed between walks to the ancient sites on the island. The duration of the walks are flexible – 2/3 hours across easy terrain, this is not mountain climbing or hard trekking! The island is about 13 kilometres (apx 8 miles) long and at its widest apx 4 kilometers (2.5 miles) wide, with the walks spread throughout the island so that throughout the week you will get a sense of what this wonderful little island is about.

Using Right Brain exercises, the creative writing workshops throughout the week will focus upon creativity, deepening and enhancing your unique writing voice through the *art* of creative writing and the development of story.

You will understand how characters are created, how to develop them and learn techniques to imaginatively

incorporate your character into the structure of story. You will also concentrate upon Theme within story and learn how to weave and integrate life experiences into premise for story development.

You will be enthralled by guided walks to the ancient island sites as you listen to mythical stories as told by Dara Molloy, a great storyteller and Celtic scholar living on Inis Mór.

This workshop is a proven success with new and established writers and will inspire you to *think* like a writer as you develop your abilities to write creatively.

As part of the programme you will experience a pony trap ride and in the evenings just relax and be a part of island life. There will be plenty of time to wander and explore on your own, or just sit and write on your favourite rock as you overlook the rocky and sandy shores of the vast Atlantic Ocean. We will take the time to celebrate together with music and song and unpredictable island magic!

This is a unique opportunity to discover your inner creativity as you connect with the landscape in the peaceful and unspoilt environment of Inis Mór island.

**Be inspired.....write your story!!**

**Irene Graham: Tutor**



**Irene Graham**, founder of **The Creative Writer's Workshop** studied many genres of writing (Screenwriting, Fiction Writing, Writing for Children, Autobiographical Writing) in the UCLA extension programme in Los Angeles in the late 80's. Throughout this same period on the west-coast Irene was also studying and partaking in various workshops and training programmes based upon complimentary methods of learning – particularly right brain/left brain education and psycho-synthesis in education (based upon Roberto Assagioli's principles (an Italian student of Freud and a Contemporary of Jung)).

Upon completion of this two year study period of writing and educational studies Irene founded **The Creative Writer's Workshop**, which has since been taught with great success to hundreds of both new and established writers, artists, young adults and children throughout Ireland and in the USA. Irene also tutors workshops in Memoir Writing and Work-in-Progress Workshops for participants that have previously

completed either the Fiction Writing or Memoir Writing Workshops.

Irene, writer of three screenplays is also an Art Photographer, utilizing traditional photography methods. She is currently writing a novel.

**Walking Guide:  
Dara Ó Maoildhia**



The walks and visits to ancient sites on the island will be guided by **Dara Ó Maoildhia**, a Celtic scholar living on Inis Mór. Dara lives a spiritual lifestyle close to nature, working the land, and practising hospitality. He is author of the Guide Book to Inis Mór “Legends in the Landscape”. He is also involved with many projects within his own organization Aisling Árann and within the wider island community. Dara is married with four young children. E: [daramolly@iol.ie](mailto:daramolly@iol.ie)  
Web : [www.daramolloy.com](http://www.daramolloy.com)

**The Creative Writer’s Workshop:  
Writing and Walking on the Aran Island of Inis Mór in  
County Galway, Ireland  
PROGRAMME**

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Mon 7 September to Fri 11 September 2009

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<b>Monday 7</b>	<b>1pm</b>	<b>:Ferry from Rossaveal, County Galway</b>
	<b>1:35pm</b>	<b>:Arrive on Inis Mór Island, County Galway</b>
	<b>2:45pm</b>	<b>:Lunch</b>
	<b>4pm-6:00pm</b>	<b>:Walk Inis Mór, East</b>
	<b>7pm</b>	<b>:Dinner at Guesthouse</b>
<b>Tuesday 8</b>	<b>10am–12pm</b>	<b>:Writing Workshop Part 1</b>
	<b>12pm–2pm</b>	<b>:Lunch</b>
	<b>2pm- 4pm</b>	<b>:Writing Workshop Part 2</b>
	<b>7:30pm</b>	<b>: Dinner in Village</b>
<b>Wednesday 9</b>	<b>10am to 11am:</b>	<b>Pony Trap Ride</b>
	<b>11am-1pm</b>	<b>: Walk Inis Mor, West</b>
	<b>1pm-2:30pm</b>	<b>: Lunch</b>
	<b>3pm-5pm</b>	<b>: Writing Workshop, Part 3</b>
	<b>8pm</b>	<b>: Irish Pub</b>



- \*Ferry Fare: Rossaveal to Inis Mór €25 Euros Return  
\*Other meals as required  
\*Bicycle Hire (optional)
- Ferry Times:** Bus Journey from Merchant Road, Galway City to Rossaveal,  
County Galway - Duration: 45 Minutes  
Ferry Departs Rossaveal: Monday 7 Sept  
Duration: 35 Minutes
- Transport:** Transport Options & Timetables for Coach / Train etc from Dublin  
Airport & Shannon Airport to Galway will be supplied upon booking
- Workshop** €400 Euros Handling Fee will be retained  
**Cancellation:** 60 Days Notice – 60% refundable of paid amount, less handling fee  
59-30 Days Notice – 45% refundable of paid amount, less handling fee  
29-21 Days Notice – 40% refundable of paid amount, less handling fee
- Insurance:** No liability whatsoever is accepted for injury, illness or loss  
of personal effects or property. Please obtain your own  
personal insurance appropriate to your requirements prior to  
travel and workshop commencement
- Packing List:** Small Backpack to carry Lunch & Workshop Journal  
Swimgear of course!  
Wet Gear – Raincoat!  
Small Flashlight  
Strong Shoes/Boots for Walking  
Sun Hat ! Rain Hat !  
Pens to Write!

## **The Creative Writer's Workshop**

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